



Our Community Newsletter

Discover what's going on in our community.



February

I'm not just February
With winds that blow
All day, and piled-up snow;
I'm Washington and Lincoln, too,
Who kept our country's flag for you!
I'm Valentine of airy grace -
With golden hearts and hearts of lace
And pretty cards that people send,
Quite as a secret, to a friend.
Though I am short of days and small,
I'm quite a big month, after all!

February 2026 Edition

Birthdays:

Dorothy R. (2/1)	Gary Y. (2/14)
Rita K. (2/1)	Dawn P. (2/19)
Ken L. (2/5)	Meg L. (2/21)
Ruth H. (2/10)	Elaine S. (2/25)
Marlene R. (2/12)	Luanne T. (2/26)

**Outings:**

Monday February 9th: Gorman's Restaurant (Leave at 11:30am)

Thursday February 12th: Minnesota History Center (Leave at 5:30pm)

Tuesday February 17th: Johnny Kitchen & Bar (Leave at 4:00pm)

Thursday February 26th: Treasure Island Casino (Leave at 11:00am)

Entertainment:

Wednesday February 4th: Lisa Murphy (3pm to 4pm)

Wednesday February 11th: Michael Larson (3pm to 4pm)

Tuesday February 17th: Scott Mesrobian (3pm to 4pm)

Wednesday February 18th: Lori Ronchak (3pm to 4pm)

Wednesday February 25th: Ross McLeod (3pm to 4pm)

Announcements:

Saturday February 14th:

Bingo Family & Friends
Valentine's Day Edition
2:00pm

Dining Room

Movies of the Month:

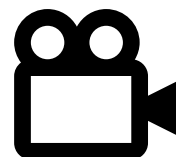
Trading Places (2/11) 6:00pm

The Color Purple (2/25)

6:00pm

In the Chapel.

All are welcome to attend!



Postage Stamps:

- 1. You can go in person to the post office on 7th Ave.*
- 2. You can request a form from the front desk.*
 - A) Fill out the form, enclose it in an envelope along with a check or money order, and place it in the outgoing mailbox. You can also hand it to the mail carrier directly.*
 - B) If you need a change of address card, they are available at the front desk.*
- 3. Stamps cost .78 cents each or \$15.60 for a book of 20.*

Packages:

- 1. If you have a package to mail (i.e. FedEx, UPS, Amazon, etc.) leave it at the front desk and the appropriate carrier will pick it up.*
- 2. Packages are delivered to the main front desk for AL and MC residents. Packages for IL residents are delivered to the IL Lobby.*
 - A) Staff will make an attempt to deliver the package(s) to the appropriate resident, if need be.*

Employee Spotlight

Precious truly lives up to her name! Her kindness, compassion, and light hearted humor make her a joy to work with and a comfort to those she serves. Always willing to help, she makes a positive impact every day. We are grateful for all she does—she is truly an invaluable asset to our team!

FUN FACTS about Precious:

Favorite Comfort Food: Filet Mignon

Current Theme Song: Is It a Crime by Mariah the Scientist!



Activities:

1. Daily activities are posted inside the elevators and outside of the fitness room on the 2nd floor. **Monthly outing sign-up sheets are posted in Castle Café. Monthly activity calendars are located at the front desk and are delivered to residents at the beginning of each month.**
2. Is there a place that describes in detail what is involved in the events on the monthly calendar? **In the newsletter, you can find brief descriptions of the activities for the month.**
3. How do I put in a request for an event that I would like to see happen? **Talk to an activities staff member directly or fill out a suggestion form.**
4. Is tipping required for the NewTrax bus that comes every Tuesday? **No, it is a free service.**

Miscellaneous:

1. The Beauty Shop is located on the 1st floor. A service price list is located at the front desk and in the Beauty Shop. Hours of operation? **Tuesday afternoons and all-day Thursday. Making appointments? Call 651-302-5644 to make an appointment.**
2. The Lost and Found is located behind the front desk. Where do items get turned in if found? **To the front desk.** Who do I notify if something is lost? **Polar Ridge staff member.**
3. Grievances/Comments/Suggestions forms can be found on each floor outside of the elevators. Fill it out and return it to any staff member or deliver it to the front desk.
4. Is the Memory Care Unit off limits to other Polar Ridge residents? **Absolutely not, residents are encouraged to visit friends and/or family members of Legacy Court, please notify a Polar Ridge staff member if you wish to do so.**
5. How can I contact an aide or nurse after 5:00pm? **Call 651-770-4028.**
6. When using the vending machines and paying by card, remember to push the complete button once you have finished your order.

Dining Room:

1. Meal calendars can be found in the dining room and at the front desk.
2. Meals can be delivered to your room for an extra charge of \$6.
3. Food that is brought in from the outside cannot be consumed in the main dining room. It must be eaten in the Silver Lake dining area, Streetcar Room, Castle Café, Village North, outside patio or in the resident's apartment. This is due to health regulations.
4. How do I contact the kitchen? **Please call the front desk and the receptionist will transfer you to the kitchen.**
5. Can I order meals ahead of time? **Yes.**