



## Our Community Newsletter

*Discover what's going on in our community.*



## **March**

March is the month  
When wind howls and roars  
It keeps on blowing winter air  
'til spring knocks on our doors!  
In like a lion and out like a lamb  
That's what they always say  
Maybe we will have good luck  
When it's St. Patrick's Day!

## **March 2026 Edition**

**Birthdays:****Doris B. (3/3) Bertha S. (3/28)****Beth L. (3/5) Sandy S. (3/30)****Judy J. (3/12) Lee W. (3/31)****Lois A. (3/20)****June M. (3/21)****Outings:****Saturday March 7th:** Train Museum (Leave at 2:00pm)**Friday March 13th:** House of Wong (Leave at 11:30am)**Tuesday March 17th:** Quinny's Pub (Leave at 4:00pm)**Thursday March 19th:** Treasure Island Casino (Leave at 11:00am)**Entertainment:****Wednesday March 4th:** John Daniel (3pm to 4pm)**Wednesday March 11th:** Kurt & Ash (3pm to 4pm)**Wednesday March 18th:** Robert Bozaich (3pm to 4pm)**Wednesday March 25th:** Vinnie Rose (3pm to 4pm)**Announcements:****Sunday March 8th:**

Daylight Savings!

Friendly reminder to set your clocks one hour ahead.

**Movies of the Month:****Song Sung Blue (3/11)**

6:00pm

**Hoosiers (3/25) 6:00pm**

In the Chapel.

All are welcome to attend!



*Postage Stamps:*

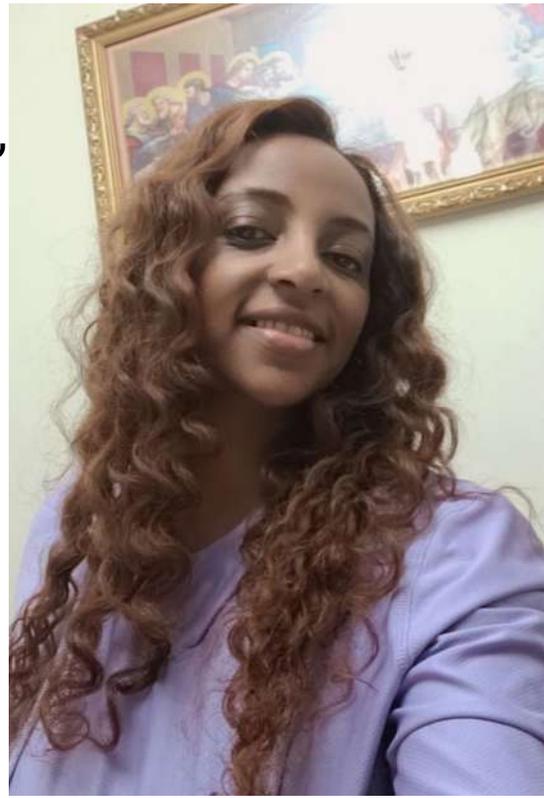
- 1. You can go in person to the post office on 7th Ave.
- 2. You can request a form from the front desk.
- A) Fill out the form, enclose it in an envelope along with a check or money order, and place it in the outgoing mailbox. You can also hand it to the mail carrier directly.
- B) If you need a change of address card, they are available at the front desk.
- 3. Stamps cost .78 cents each or \$15.60 for a book of 20.

*Packages:*

- 1. If you have a package to mail (i.e. FedEx, UPS, Amazon, etc.) leave it at the front desk and the appropriate carrier will pick it up.
- 2. Packages are delivered to the main front desk for AL and MC residents. Packages for IL residents are delivered to the IL Lobby.
- A) Staff will make an attempt to deliver the package(s) to the appropriate resident, if need be.

Employee Spotlight

Hanna (Culinary Server) is one of those rare people who makes everything better just by being herself. She’s hardworking, dependable, and genuinely caring—always looking out for others. With her kindness, thoughtfulness, and heart of gold, she leaves a lasting impression on everyone who knows her!



**FUN FACTS about Hanna:**

- Favorite Comfort Food: Ethiopian Traditional Meal – Chicken Stew!
- Current Theme Song: Three Little Birds by Bob Marley

## Activities:

1. Daily activities are posted inside the elevators and outside of the fitness room on the 2nd floor. **Monthly outing sign-up sheets are posted in Castle Café. Monthly activity calendars are located at the front desk and are delivered to residents at the beginning of each month.**
2. Is there a place that describes in detail what is involved in the events on the monthly calendar? **In the newsletter, you can find brief descriptions of the activities for the month.**
3. How do I put in a request for an event that I would like to see happen? **Talk to an activities staff member directly or fill out a suggestion form.**
4. Is tipping required for the NewTrax bus that comes every Tuesday? **No, it is a free service.**

## Miscellaneous:

1. The Beauty Shop is located on the 1st floor. A service price list is located at the front desk and in the Beauty Shop. Hours of operation? **Tuesday afternoons and all-day Thursday.** Making appointments? **Call 651-302-5644 to make an appointment.**
2. The Lost and Found is located behind the front desk. Where do items get turned in if found? **To the front desk.** Who do I notify if something is lost? **Polar Ridge staff member.**
3. Grievances/Comments/Suggestions forms can be found on each floor outside of the elevators. Fill it out and return it to any staff member or deliver it to the front desk.
4. Is the Memory Care Unit off limits to other Polar Ridge residents? **Absolutely not, residents are encouraged to visit friends and/or family members of Legacy Court, please notify a Polar Ridge staff member if you wish to do so.**
5. How can I contact an aide or nurse after 5:00pm? **Call 651-770-4028.**
6. When using the vending machines and paying by card, remember to push the complete button once you have finished your order.

## Dining Room:

1. Meal calendars can be found in the dining room and at the front desk.
2. Meals can be delivered to your room for an extra charge of \$6.
3. Food that is brought in from the outside cannot be consumed in the main dining room. It must be eaten in the Silver Lake dining area, Streetcar Room, Castle Café, Village North, outside patio or in the resident's apartment. This is due to health regulations.
4. How do I contact the kitchen? **Please call the front desk and the receptionist will transfer you to the kitchen.**
5. Can I order meals ahead of time? **Yes.**